

1477 Park Street Suite 2A Hartford, CT 06106 Telephone (860) 243-1806 Fax (860) 243-0100 www.covenanttocare.org

## CRISIS FOOD SUPPORT PROGRAM MENU - fax to KCC: 860-828-4511

Please use these amounts as a guideline. These are estimated amounts to provide approximately 4-5 days worth of groceries for a family of one adult & three children. Adjust amounts as needed for larger families. Substitutions can be made as necessary. If available in pantry, "extras" can be added to orders (i.e. cookies, cake mixes, dried fruits, canned pasta, etc.)

## **ITEMS OFTEN STOCKED IN PANTRY ITEMS TO BE PURCHASED** \_\_\_ 3-5 cans beans (kidney, pinto, black, \_\_\_\_ 3 lbs. fresh fruit (apples, etc.) oranges bananas, other seasonal if \_\_\_\_ 2 cans baked beans/pork & beans available) \_\_\_ 2 large/4 sm. cans soup 2 lbs. carrots 2 cans canned meat (beef stew, hash, 2-3 lbs. onions etc) 5 lbs. potatoes \_\_\_\_ 2 large or 4 sm. cans tuna \_\_\_\_ 2-5 lbs. flour or cornmeal \_\_\_\_ 1 large jar peanut butter \_\_\_\_ 1 lb. hot dogs \_\_\_\_ 1 jar jam/jelly 3 lbs. ground beef \_\_\_\_ 1 bottle ketchup 2 lbs. chicken parts (wings, \_\_\_\_ 1 jar mayonnaise type dressing thighs, drum sticks) \_\_\_\_ 1 bottle vegetable oil (16-24 oz.) 2 lbs. cheese (specify aged \_\_\_\_ 2 lbs. sugar cheddar or American Slices) \_\_\_\_ 2 boxes pudding mix or jell-o \_\_\_\_ 1½ - 2 doz. Eggs \_\_\_\_\_ 2 small or 1 large box cereal \_\_\_\_ 2 gals. 2% milk 1 box oatmeal or farina/cream of 1 lb. margarine wheat 1 box crackers or 3 lg. loaves bread (specify saltines white or wheat) 2 lbs. rice (4 lbs. for Hispanic family) 2 lbs. pasta **SPECIAL REQUEST ITEMS** 2 boxes macaroni & cheese \_\_\_\_ soap \_\_\_\_ 2-3 large cans tomatoes/puree etc. \_\_\_\_ toothpaste& toothbrushes \_\_\_\_\_ 2 cans spaghetti sauce \_\_\_\_ clothes detergent 4-6 cans veggies (peas, corn, green \_\_ disposable diapers (pkg. of 24beans, etc.) 30 specify size & gender) M F \_\_\_\_ 4-6 cans fruit 1 gallon vitamin C enriched fruit formula (1 can, brand specific drink/juice powder) baby food (specify regular or jr. according to age) R JR **SPECIAL DIETARY NEEDS/ALLERGIES, ETC:**



Crisis Food Pantry Request Form	fax to KCC: 860-828-4511
PLEASE PRINT CLEARLY. INCOMP	PLETE FORMS CANNOT BE PROCESSED
Social Worker: Agency/City: New Britain DCF	Date of Request:
	Email:
LINK support #:	
Residence City:	Zip:
Family Ethnicity: mark all that apply	y (for reporting purposes only)
African European Latino Asi	anOther
Number of children in client's family	7:
Number of adults in client's family:	Purpose of Request
Special Requests	Mandated by Court
	Reunification
	Family Support
	Independent Living
	Family Preservation
	Relative/Foster Care
	Other
SW Signature:	Date:
SW Supervisor's Signature:	Date:
Volunteer Name:	
USPS Address: Date of Delivery:	